



It Pays to Care

An imperative for change
and call to action

Work Injury Management for GPs

Key principles for better outcomes

Managing work injury cases effectively requires attention to psychosocial factors that can delay recovery. The It Pays to Care approach, developed by the Australasian Faculty of Occupational and Environmental Medicine (AFOEM), focuses on early identification and management of these barriers.

We recognise the challenges you face with work injury cases and are advocating for improved case management practices across the industry.

Good care, better outcomes, less hassle.

Read the comprehensive guide at

itpaystocare.org



Why does this matter for you?

- **Smoother consultations** – Addressing psychosocial factors early reduces complex follow-ups .
- **Better patient outcomes** – Holistic care improves recovery rates.
- **Less administrative burden** – Effective collaboration with stakeholders streamlines the process .

Implementation Quick Guide

- **Identify** psychosocial risk factors early (anxiety, fear of re-injury, workplace concerns).
- **Encourage** appropriate workplace modifications and support.
- **Coordinate** with case managers for comprehensive care.
- **Focus** on function and activity rather than just symptom management.